

World Suicide Prevention Awareness Day, September 10, 2024

The Department of PG Psychology observed World Suicide Prevention Day on September 10th, 2024, with mental health stalls organized, offering psychological assessments and suicide prevention resources to over 60 participants per stall. MSc Psychology, Integrated MSc, and MSc Wellness Counselling students administered tools like Beck's Depression Inventory, Suicide Behaviors Questionnaire, and the Brown Stanley Suicide Prevention Plan, identifying at-risk individuals and providing necessary guidance. A psychodrama titled "Changing the Narrative on Suicide" was performed at multiple locations to raise awareness, alongside public interviews shared on social media. The event fostered mental health awareness, encouraged dialogue, and connected individuals with professional support.